



Thursday 9th October, 2025

Dear Parents/Carers,

I hope this letter finds you well. I am writing to give you more information about the exciting opportunity for our children to participate in Bikeability sessions organised by an external company. These sessions are designed to enhance their cycling skills and ensure they are confident and safe riders.

The Bikeability programme will be start on our playground, where children will be assessed in small groups during the morning sessions. Based on their individual abilities, the children will progress through different levels, namely Level 1 and Level 2 with some sessions continued in the local area.

For those children who may be unsure of their cycling skills, there will be an opportunity to practice riding their bikes each day on the playground. This additional time will be invaluable in building their confidence before they begin the structured sessions. We have scheduled the children who are still developing their riding skills to participate on the first day, which will allow them to have their bikes at school for the remainder of the week if they wish to practise a little every day.

Below is the timetable for when each child will be involved in the Bikeability sessions:

Tuesday

- Teddy
- Rhys
- Jacob R
- Layla
- Fae
- Lily

Wednesday

- Daisy
- Arlan
- Skye
- Jacob M
- Kaelan
- Lexi
- James

Kingstone, Hereford HR2 9HJ • Tel 01981 250338

Email: ktpsadmin@kingstoneacademy.co.uk • www.kingstone-thruxton.hereford.sch.uk

Head of School: Mrs Amy Preece

- **Thursday**

- Aimee
- Elis
- George
- Tommy T
- Grayce
- Esme

Friday

- Henry
- Joel
- Sonny
- Stanley
- Tommy R
- Archie

Please ensure your child brings their bike and helmet and wears their PE kit on their designated day. Children do not need to wear their PE kit or bring their Bike unless it is their day. On this day, please send your children through the front office entrance with their bike and helmet anytime from 8:25am. Should you have any questions or concerns regarding Bikeability, please do not hesitate to reach out.

Thank you for your continued support.

Kind regards,



Kirsty O'Callaghan-James
Year 6 Class Teacher