



Friday 8th May 2026

Dear Parents and Carers,

I am pleased to invite you to a parent workshop on Wednesday 13th May, from 3:30pm to 4:15pm. This session will be led by Nina Lyon, our school WEST worker, and will focus on supporting children who may be experiencing difficulties with school attendance.

During the workshop, you will:

- Learn to recognise early signs that a child may be struggling with attendance
- Develop an understanding of how school-related anxiety can impact both children and their families
- Gain practical strategies to support your child at home
- Learn about the support available through the school and the WEST team

The session will run from 3:30pm to 4:15pm, with the final 15 minutes (from 4:00pm) dedicated to answering your questions.

If you would like to attend, please email the school office to confirm your place by Monday 11th May.

Please note that this session is not solely targeted only at families whose children are currently experiencing difficulties with attendance. The information shared will be relevant and beneficial to all parents and carers, as many of the strategies and insights discussed can be applied more broadly to support children's emotional wellbeing, confidence, and engagement with school. Whether your child is thriving or facing challenges, we hope you will find the session useful and informative.

Supervised activities will be available for children during the workshop. We hope you are able to join us for what promises to be an informative and supportive session.

Kind regards,

Miss N Exley

Pastoral and Sports Lead