



Kingstone Chronicle

October 2022



Autumn Leaf Printing by Reception:
Mia, Bella, Parker, Flo and Izzy



Chronicle Team Welcome

We are delighted to be this year's Chronicle Team and we hope you enjoy reading this issue as much as we enjoyed writing it. This half term has had so many amazing events happening! This issue is packed full of great and interesting pages that we can't wait to share with you.

We are excited to announce that this year, we will be running a competition in every issue. This edition we are running a Winter Wonder Competition! We would like you to send us your winter pictures—either ones you have created, or a photo you have taken. The winners will be featured in the December Chronicle for all to see, so get creative!

From The Chronicle Team



Headteacher's Welcome

What an absolute delight it has been to work with the brand new Chronicle Team this half term! They have been so enthusiastic and dedicated, with lots of great new ideas to entertain our readers. I'm sure you'll agree they have put together a fabulous bumper Autumn edition, ably supported by our fabulous former pupils, Joe, Joseph and Jack.

All our children have started the new academic year so well. Our wonderful

Reception starters have settled in so well to life at Kingstone—they are brilliant! I'm so excited to see their journeys as they continue their education through school—what a super start.

We have fitted so many things in to our first half term of the year. We

launched 'Hot Chocolate with the Head', which I must confess is a

personal favourite, and not just for the hot chocolate! I have absolutely loved

spending quality time with children from across the school, who never fail to

remind me why I am so proud of them; they are always full of the successes that

have brought them to the event, but also show such caring and interest towards their peers in other classes—superb!

Over the past few weeks, we've had special visitors, held a full and democratic election, celebrated Harvest, seen the start of our outdoor area improvements unveiled, been on trips out and about, run a huge range of different clubs, been extremely sporty and active, and had famous authors contact us! What a busy half term! It has been the best of starts to our new academic year, and I'm so impressed with all that has been achieved.

I really hope that the pages that follow give you a good flavour of what our school is like, and showcase our wonderful children and members of staff. As always, don't hesitate to contact me via the school office if you would like more information about what we do here at Kingstone.

With best wishes,

Elissa Vigus



Reception

All About Me!

Reception have settled into Kingstone beautifully, and have got fully stuck into their first school topic 'All About Me.' We have used this first half-term to get to know each other, make new friends and become familiar with the school routine. The Reception children have managed this so well and have been spotted around the school by a number of adults for being so polite, hard-working and grown-up!

Our Bodies

We have been learning about ourselves and have been finding out about the wonderful things our bodies do. We have learnt that we all have a skeleton inside of our bodies that helps to protect our insides and to keep us upright. We know that we must keep our bodies healthy so they can work to their best ability, and this can be done by eating healthily and doing exercise. We have explored this by drawing around each other's bodies and labelling body parts. We have also experimented with running, hopping and jumping for a minute each to see how it makes our bodies feel.



We have also been getting active each week through lots of various activities in continuous provision, as well as learning some new parachute games with Miss Anthony.



Harvest

We have been learning about the Autumn Harvest and thinking about how thankful we are for all of the food that we have. We have learnt that some food can grow on trees or in the ground and that farmers harvest fruit, vegetables and crops using big machines called Combine Harvesters. We have even had a go at making our own vegetable soup to try all of the lovely food that farmers grow and sell to the Supermarkets. We peeled and cut a variety of vegetables, and put it in a pot to cook – it was delicious!



Jack Rutter

We were so lucky to have a Paralympic footballer, Jack Rutter, come and visit our school. He gave us an inspirational talk about following your dreams and carried out some circuit training for us. It was very hard work but so rewarding! We had lots of fun and had a great afternoon being active!



We have had such a brilliant time so far in Reception and we are only half a term in! Next half-term is full of fantastic festive fun, and I can't wait for you to find out what brilliant things we have in store!

Autumn in Year 1

We have had such a super start to our time in Year 1 and have all settled in so well! Our topic has been 'All About Me' and we have done lots of thinking about our interests, families and what makes us special and unique.

We have done some fantastic writing about our topic this half-term. We have written about the texts we have read and our topic learning. We particularly enjoyed writing about our story "*Can't You Sleep, Little Bear?*" by Martin Waddell. We made our own lanterns and furniture for a bear cave!

In maths we have been thinking about number bonds to 5 and have been spotting patterns. We have been working really hard on developing our independence when using our resources.



In our topic sessions we have thought about so many different things! In Science, we have been learning about our bodies. We loved working together to label ourselves! In History we have been comparing toys in the past to toys now. We looked at lots of different artefacts from the past and even had a special visit from Mrs Gemmell to tell us all about the toys she used to play with!



We loved using our senses to explore the school grounds.
We could smell, touch, hear and see so many different things!



We loved taste testing different drinks and deciding what they were!



We had such a good time doing the circuits when Jack Rutter came to visit!

Year 2

Year 2 have had a very busy half term, impressing Mrs Gemmell with how well they have settled into the routine of Year 2. They demonstrate the value of co-operation fantastically everyday as they work, learn and play together.



The children visited Kingstone church as part of their RE studies. They demonstrated great listening skills as Reverend Cate gave a tour of the church. Year 2 were able to identify a number of objects that are significant to Christians.



In art the children have been inspired by the African artist Edward Tingtinga who uses bold colours and patterns in his artwork.

In Music the children have been learning new songs and found ways to accompany them using tuned and untuned percussion instruments.



We were thrilled when Jack Rutter, ex England Paralympian footballer came to school. Not only did he give us all a thorough workout but he inspired us to be the best that we can be and to keep healthy.





Co-operation in Year 2

Co-operation is at the heart of what we do in Year 2, every day of the week. The children have worked together in Science, completing life cycles; measuring hand spans and foot size as part of an investigation and matching picture cards of baby and adult animals. We play games that are only successful when we work together. In Maths children work with maths buddies to find solutions and demonstrate knowledge. In PE children have worked together to create 'mirror' dances. In reading lessons children take turns being the teacher as they hear each other read.



Year 3

Year 3 have had a fantastic start to their time in Key Stage Two. We have really enjoyed our Science learning and have learnt so much about the human body and everything it needs to survive and thrive. We have identified muscle groups, classified food groups and researched everything we need to be healthy.



Year 3 have been working on developing our team work and tactical skills across a number of different sports. We have looked at defending by closing the space and working to make the game difficult for attackers. We had a great time exploring different passing techniques in netball.





Our art lessons this half-term have been so much fun. The adults in the classroom have been really impressed with the focus that the children have shown when developing their texture and shading skills. Our final landscape sketches have been completed to a brilliant standard.



We have really enjoyed our writing lessons this half-term. We have looked at the story of Stone Age Boy and written our own sequel. There have been some excellent stories that involve our Stone Age characters exploring the modern world and all the excitement that would create.



It has been lovely seeing how brilliantly everyone has come back to school after the summer. It is fabulous to have such a kind, hard working and friendly class—well done, Year 3!

Welcome to ...

Year 4



Persuasive Letters to our favourite authors...

In writing sessions we have been honing our persuasive writing techniques. We have been writing to our favourite authors persuading them to get in touch and possibly visit our school. We all chose our own authors and we posted the letters all over the United Kingdom - a couple made their way to America! We visited the post box to post our letters. We were most surprised when, within a week, we had received a reply from Michaela Morgan. She told Kian that she was really impressed with his letter and said that she would like to visit our school. We are hoping to arrange a visit, or a Zoom call at the very least.



Place Value

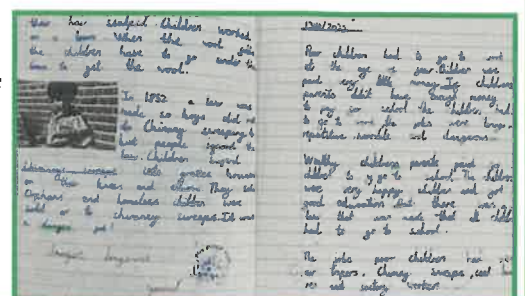
In our Maths sessions we have been delving deeper into place value and have been challenging ourselves, looking at numbers over 1,000. We have used lots of concrete resources to support our working and have been using our knowledge to reason and problem solve. We have also been working hard on our times tables and have a weekly in class 'battle' on Times Table Rockstars- it gets very competitive!



The Victorians

Our History topic this half term has been the Victorians. We have learnt lots about the Industrial Revolution and spent time debating how different our life would be today if these inventions hadn't have happened. Many of us felt that the light bulb had the biggest impact, others felt the flushing toilet was a crucial invention.

We have learnt about the life of children in the Victorian era. Whilst not the same for all Victorian children, many of them had a very hard time working some tiring and dangerous jobs. We looked in detail at some of the jobs children (as young as 4) would have been expected to have: chimneysweep, coal miner, servant, factory worker.





Learning to play the clarinet...



For the last half term, we have been having weekly Music lessons through Encore Music Service. Mrs Sherwood has been coming into school each week to teach us to play the clarinet. We have learnt how to assemble the clarinet, how to make a good sound with the correct embouchure and how to play a number of different notes. After half term we will begin looking at basic music notation and we are hoping to learn a little festive tune in time for Christmas. We cannot wait to share what we have learnt with you.



Gymnastics at Kingstone High School...

As well as our weekly netball sessions, we have also enjoyed a weekly gymnastics session at the High School this half term, led by Miss Wood. We have thoroughly enjoyed our sessions and have really impressed Miss Wood with our knowledge and skills.

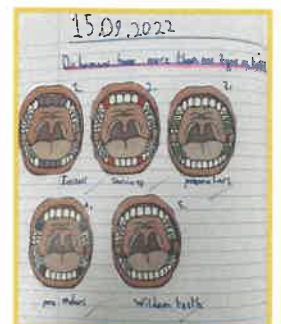


Science: Animals, including Humans...

We have had so much fun in Science this half term. We have been learning all about the digestive system and about teeth. We created our own investigation to replicate food moving through our bodies and the various stages that it passes through. We have learnt lots of new vocabulary. We can explain the role that organs play in digestion. Ask us about our oesophagus, intestines, stomach etc. We can tell you all you need to know. A nurse visited us to explain all about what happens if a part of someone's digestive system does not work quite as well as it should.



We have also been looking in detail at teeth - animal teeth and human teeth. We compared the teeth of herbivores and carnivores, concluding that their teeth are different because of their diets. We even got to look closely at the skull and teeth of a muntjac. We are able to name all of our teeth and explain the role that they play.



YEAR 5 – THE AMAZON

Art



The Year 5 children have been spending some time practicing their shading techniques (cross-hatching, stippling and scumbling) before applying these shades to their botanical sketches to show light and dark tones in colours.



Geography

Year 5 have been building on their map reading skills by locating the continent of South America on a map. They then located the Amazon rainforest. Why not ask them to recall some of the countries that the Amazon is within?



English-Writing a narrative based the story 'The Explorer' by Katherine Rundell.

To support their writing, the children had an experience day that involved them creating their own rafts out of twigs and string- similar to what happens to the characters in the text!



Science-Animals, including humans

Did you know,
children learn to
control their speed
when running
between the ages
of 7-10 years old?



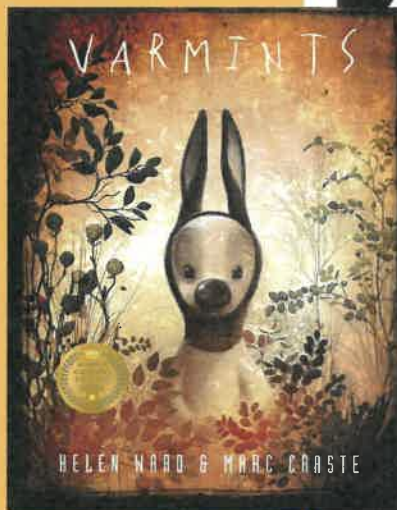
Year 5 have been learning about the different milestones children achieve at different stages of their lives. We referred to lots of our personal experiences, especially younger siblings. We discussed that data is averaged and not all children achieve milestones at the same time.

Year 6



English

In English lessons this half term, Year 6 have been focusing on writing a Narrative based on the mini film and picture book: 'Varmints' by Mark Craste. We have been using the Jane Considine approach of sentence stacking and have drawn out some fantastic vocabulary using a range of experience days. First we discovered our own beauty spot on the school field and emerged ourselves in the sounds, smells, feels and experience of being outside, then we wanted to ensure we had a great appreciation of nature and what it takes to make nature bloom so we planted new plants on our class balcony and are taking it in turns to ensure they thrive! Finally we then discussed the importance of friendship and how our relationships can also blossom just like our flowers if we treat them right with love, kindness and caring.



Year 6 children planting flowers on our Balcony.



Pictures of the children receiving positive notes and comments about their friendships.



'Active maths' Photos of some of our active maths lessons.



Maths

We have been learning about Place Value as well as recapping our key methods for addition and subtraction. We have been working on ways in which we can remember key information like using the rhyme: "If it's 5 or above, give it a shove. If it 4 or less, let it rest!" to help us remember what to do when rounding.

Science Lessons

Science lessons have been really fun this term!! We have been learning about animals including humans and focusing on the circulatory systems. This gave way to some pretty gross but awesome Science investigations... We got to make our own bloody replicas and even dissected a heart! We then used this knowledge to see how exercise effects the heart, put together a good fitness regime and then looked at the affect that poor choices, like diet and exercise, has on the body.



Photos above of Year 6 children making their blood replicas.

We used a bottle to represent the vein or artery in which blood travels around the body. We used yellow food dye in water to represent the plasma - water and protein. We then added red dyed cheerios for the red blood cells and mini marshmallows for white blood cells and finished by using hundreds and thousands for the platelets.



Photos on the left show Year 6 children in their heart dissection lesson. We investigated lamb's hearts to see all the features we have been learning about. We found 4 tubes that go into and out of the heart and labelled them the superior vena cava and the aorta. The superior vena cava is a vein that brings all of the blood from your upper body to your heart. There is also an inferior vena cava that brings blood from the lower half of your body.

The aorta is an artery that takes blood from your heart and pumps it through back toward your body. We discussed that these are thick as they are dealing with a lot of force. We then discovered the two tubes without flaps which are the pulmonary veins and arteries. We discussed that first, blood comes in from the vena cava on the right ventricle, then gets pumped out the pulmonary artery. After getting oxygen, it returns through the pulmonary vein, and then back out to the body. We cut along the interventricular sulcus and lightly pulled the two parts so it opened like a book, and took a look inside. We noticed the four rooms of the heart.

They match up with the two main arteries and veins we looked at, and are called atriums (top ones) and ventricles. We then compared the Ventricle Walls: one is much thicker than the other. In the left ventricle, the heart has to contract to move blood throughout the whole body, so it has to have more muscle than the right, which brings blood a short distance to the lungs. We also discovered Chordae Tendinaes (the "heartstrings,") which pull on valves to open or close them.

The children discussed the exercises we did with Jack Rutter and what affect they had on the body and how hard the heart needed to work to pump blood around the blood.



Hot Chocolate with the Head!

This term we started Hot Chocolate with the Head. It is a really fun experience and you even get to meet children in other classes! You get to spend time with different people around the school and Mrs Vigus whilst you enjoy a hot chocolate treat! To get to attend, you need to have been given a Shoutout by a grown up in school. You will get a Shoutout for going 'above and beyond' for example, trying your hardest with all your work, or being extra kind to people around you. Every time you get a Shoutout (Friday to Friday), you get put in a special box and five children are drawn out in Friday's Celebration Assembly.

I was lucky enough to be picked out of the box in the very first week! It was very exciting to go, and I loved getting to meet Juno in Reception. We are allowed to choose squirty cream and marshmallows on our hot chocolate if we would like—I chose just marshmallows. It was absolutely delicious!

By Lottie

The Hot Chocolate was amazing and we chatted about so many different things together!

Lauren



Juno, Lottie, Sonny, Ellis, Lilly.



*Delcie, Oscar, Poppy,
Arnie, Lanah.*

I loved the Hot Chocolate—it was so tasty!

Eva

It was so good learning about everyone's week!

Demi



*Taras, Charlotte, Isabelle,
Lauren, Oscar.*



Layla, Daisy, Demi,
Eli, Mason

It has been such a pleasure to spend time with all the superstars that have attended! I'm really proud of all the hard work that has been noticed by the grown-ups in school—keep up the good work! I can't wait to see who I'm joined by next half term—it could be you...

Mrs Vigus



Oliver, Tom, Myla,
Amelia, Logan.

Look at our fabulous mug!



The hot chocolate was really very good. The cream and marshmallows really complemented the flavour!

Eli



Eva, Jessica, Charlie,
Connie, Lottie.

Halloween

At this time of year, some people like to celebrate Halloween. Have a look at our craft, food, pumpkin and costume ideas! Don't spook yourself out!

Creepy Crafts....



Using every day things that you will find around the house, you can make some ghostly crafts! Try using the inside of a toilet roll and some coloured tissue / crepe paper to make monsters and mummies! Or draw around your hand to make some spooky characters. Maybe you have some old cotton wool at home? You can make some ghastly ghosts using it!

Freaky Foods....



You might need a strong stomach for some of these Halloween treats! They don't taste scary though, don't worry!

Careful Carving...



Have fun and experiment with different pumpkin carving designs... Remember to always be safe when carving, and ask an adult to help with any tricky cutting. Maybe you could try using a permanent marker to do your designs—all of the fun, none of the danger!

Frightful Fashion...

Remember - these are just for fun. You know your pet best, so never dress up your pet if you think they may not like it!



Try out our spooky ideas to scare your neighbours!



By Anaya

Year 6 Trip to the Mosque.

In Year 6, we have been lucky enough to go on a school trip to a Mosque in Gloucester called Masjid-e-Noor. We had a fantastic morning bringing RE alive!



Outside the Mosque

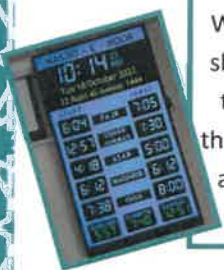
When we went into the Mosque we had to take off our shoes. This is because the Mosque is a holy place and we don't want to bring in dirt from outside.



We had a go at using the wash room and practised the routine Muslims use before they pray. We had to wash our hands, face, arms up to elbows, top of your head and then your feet and ankles.



We learnt about the 'call to prayer'. We also learnt about the board that shows the 5 times to pray and come to mosque each day. We also had the first verse of the Quran sang to us as part of a demonstration on how prayer is carried out.



The carpet was designed to look like lots of prayer mats.

We had the opportunity to try on some of the traditional dress worn by Muslims. We learnt not everybody wears outfits like this - people come to the Mosque wearing their everyday clothes too!



Did you know? There are 847 pages in the Quran



School Parliament

Earlier in the half term each of our classes took time to discuss how important **democracy** is. We talked about what values are important to our school and how our School Parliament candidates should reflect these.

The children that chose to be put forward as **candidates** were given time to tell their class why they thought they would be a good representative. Their names were then put onto official **ballot** papers ready for the vote! Year 1 to 6 took part this time; Reception will vote for their representative a little later in the year, once they know each other a little better.

On **polling day** each class went to the hall to take part in a secret ballot. Ben in Year 1 was the first person to **vote** - he said that he found the experience 'exciting'. Jacob in Year 3 reminded his class that they could not vote for themselves.

The votes were counted and checked and I'm thrilled to announce the following children will be in School Parliament this year:

- Year 1—Charlotte**
- Year 2—Lilly**
- Year 3—Natalia**
- Year 4—Kian**
- Year 5—Eden**
- Year 6—Lauren**

I can't wait to work with the children this year, and look forward to helping them make all the positive changes that they are already thinking about for our brilliant school!

Miss Evans



Our Autumn Athletes

Reception

This half term we have enjoyed 'multi skills'. It's been exciting to play small group games and work together in teams to improve our gross motor skills!



Year 1

Year 1 have loved our PE unit 'making shapes'. Every week we have demonstrated how we can use our bodies to explore a range of shapes and how we can transition between moves.

Year 3

Year 3 have been doing 'Partner Work' (gymnastics) this half-term. We have loved creating our own routines with our partner and proudly performing them to the class.



Year 2

Year 2 have enjoyed our PE unit 'Cat Dance'. We have learnt how to convey emotions through movement and how we can use family of actions to respond to visual and musical stimuli. It's also been great working with our friends to evaluate one another's performances.

Year 4

This half term Year 4 have enjoyed our PE unit 'Partner Work' (gymnastics). Each week we have shown brilliant routines, showing fantastic point balances, counter tension and counter balances.

Year 5

Year 5 have enjoyed our PE unit 'acrobatic gymnastics'. We have been doing counter balances and counter tension balances. We have worked hard in small groups to showcase our knowledge and skills by creating a routine which we presented to our friends. We have all been really impressed with each other's performances!

Year 6

Year 6 have loved going swimming every Wednesday! It's been great working toward our badges and completing our swimming passport.



Star Writers!

We had just the best time at the Writers' Tea Party—we didn't want it to end! I was so proud of the children's work, but especially of their wonderfully supportive attitudes towards each other. Everyone took the time to celebrate the strengths around the table, and even spontaneously broke into applause for Kian as everyone was so proud of his response from Michaela Morgan, the author he wrote to! It was a complete privilege to spend time with these wonderful Star Writers. If you get a chance, please have a look at their hard work, displayed in the frames outside Year 2—I'm sure you'll agree that the quality is fantastic.



Well done to our Star Writers, but also to all the children in school for working so hard on your writing—all the grown-ups think you are doing an amazing job!

Mrs Vigus

Congratulations to these Star Writers!

R: Aeryn for her fantastic effort and growing independence in segmenting during her 'I am a...' writing activity. We loved looking at Aeryn's brilliant sentences!

Y1: Isabelle for her writing about the story 'Owl Babies'. Isabelle selected her sentence and sounds independently and worked really hard on her letter formation! Lots of us agreed that it was one of our favourite books, and we thought Isabelle had done a fabulous piece of writing about it.

Y2: Harper for her excellent piece of sustained writing showing attention to presentation. We were really impressed with Harper's super neat handwriting!

Y3: James for his brilliant Stone Age sequel. He used wonderful writing techniques throughout, expanded his use of punctuation and used very imaginative language. We were so proud of James, who said this was his best piece of writing ever. His smile lit up the whole room!

Y4: Kian for his persuasive letter to an author. Kian explained how he had worked so hard on his letter, and how the class had all been to post their final letters. He was so surprised to get a response, and we were amazed at the detail and time taken Michaela to reply. She was so impressed with Kian, and we couldn't have been more proud of him!

Y5: Lewis for his fantastic sentence stacking ideas, which resulted in some great similes and use of creative time adverbials brilliantly. We could tell that Lewis had worked really hard on his punctuation, too!

Y6: Esme for her beautifully presented story based on 'Varmits' by Helen Ward. Esme's work was exceptional, and she was also so positive and encouraging about everyone else's work—such a star!

Values - Co-operation

Our Value for this half term is CO-OPERATION. We have been thinking about different ways of working together and understanding how important it is to make sure everyone is able to do their part to make our school a better place. We co-operated with our friends to make a lovely flower display and also have been trying lots of different games and activities that need someone we can rely on to help us.

Esme

Dictionary Definition:

co-operation (noun)

Working together to help each other achieve a common goal.

I have been really impressed with the many ways in which the children at KTPS show co-operation. I have seen so many brilliant examples, both in the classrooms and at break times. I love the hard work that went into our display—everyone worked so well together and I think it looks fabulous!

Mrs Gemmell




In honour of Queen Elizabeth II...

We were very sad to hear the news that Queen Elizabeth II had passed away. She reigned for an amazing 70 years and 214 days! We had such a lovely time celebrating her Platinum Jubilee in July.




Here are some fascinating facts that you might not know:

- **Queen Elizabeth II was born at 2.40am on 21 April 1926.**
- **She was crowned Queen on 2 June 1953.**
- **She was the longest reigning monarch ever in Britain.**
- **As Queen, she was served by 15 UK Prime Ministers.**
- **Her favourite dogs were corgis.**
- **She was the only person in the UK allowed to drive without a licence.**
- **The Royal Chef once revealed that the Queen loved chocolate.**
- **The Queen's favourite sport was horse riding.**



Jack (Year 1), told us that he was going to visit London and be part of the crowds who had gathered to pay their respects. He took a card on behalf of Kingstone and Thruxton Primary School, and laid it in Green Park after the funeral procession. Jack and his mum reported that it was an unforgettable experience, and that lots of people saw and photographed our card.



Lilly (Year 2) sent a lovely card to King Charles III to say that she was sorry that he had lost his mum, and to wish him good luck in his new job. We join Lilly in wishing King Charles a long and happy reign. Rest in peace, Queen Elizabeth II

By Tobi

Harvest

For our Harvest Assembly, Mrs Vigus chose different volunteers to spell out words made from the letters in the word 'HARVEST'. We talked about the fact we are grateful that we HAVE lots of food to EAT at this time of year. We also thought about how important it was to SHARE food with others who might not have as much, and SAVE any extra food to make it last longer. We are grateful to all the farmers who have worked so hard to harvest the crops over the past few months, and think that they definitely deserve a REST!

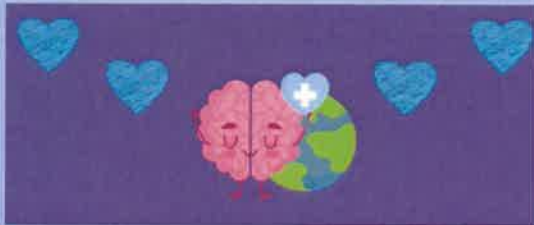


In our assembly we also watched a video about what a food bank is and how it helps people.



We are so proud of KTPS for collecting such a fabulous amount of food for Hereford Food Bank; they were very impressed, and even gave us a shout out on social media! Thank you to everyone.

Tobi, Esme and Lottie did brilliantly with their reading of the poem *Harvest Moon*, before the whole school came together in celebration with the Harvest Samba song, which sounded amazing!



WORLD MENTAL HEALTH DAY 2022

On Monday 10th October, it was World Mental Health Day. We took time to think about our mental health, and remember that just like Physical health, everyone has it. It is really important to look after your mental and physical health and remember that it something we can think about every single day!

Maybe you could try a kindness challenge? There are lots of benefits to kindness; it can be:

- ⇒ Help us feel happier.
- ⇒ Help our heart—kindness actually releases chemicals that are good for our heart!
- ⇒ Improve our friendships and relationships with others.
- ⇒ Help more than just the person you were kind to. It acts as a ripple effect, spreading kindness to our friends' friends' friends!

Why don't you try this kindness bingo as a starting point—let us know how you get on...

Let's keep spreading kindness!

KINDNESS BINGO			2LIVES
Ask someone if they need help	Tell a friend a funny joke	Write down 3 things you love about yourself	Invite someone new to play with you
Hold a door open for someone	Thank a grown up for helping you	Say something kind to a class mate	Let someone go in front of you in line
Say hello to someone new	Tidy up without being asked	Write a kind note for someone in your family	Smile at someone
Say sorry if you've done something wrong	Sharpen someone's pencil	Push a friend's chair in for them	Pick up some litter in the playground

Jack Rutter Visits Kingstone!

Jack Rutter is one of the best disability footballers ever, and we were so pleased that he came to visit our school. He showed us some tactics and football skills. He told us his story, and how he got to where he is today. Sadly, Jack was attacked shortly before he signed up for a premier league club, and was left with a career-ending head injury. Jack overcame this awful time in his life to become a very successful Paralympian.

Jack challenged us all to complete a Circuit Training challenge. We had to: for one minute, Spotty Dogs, Leg Drives, Push Ups and Star Jumps—we were all exhausted by the end, but had a lot of fun and laughs!



As part of his visit, Jack held an assembly to tell us more about his life and career. He showed us a video of some of his achievements—he has done such a lot, including playing for England 14 times! We all thought that Jack had such a brilliant attitude, especially after everything he has been through—he was very inspiring.

Jack taught us three main messages to try and be the best we can be:

- Have a positive attitude.
- Stay active.
- Only compete against yourself.

Some volunteers from our Upper Key Stage 2 classes asked Jack about his career during a 'Q&A' session. Jack said they were great questions! Here is our favourite:

When you were 11 (our age), what did you do to help you get to be a professional footballer?

Freddie and Ben

I watched lots of football! I loved watching my favourite players—Eric Cantona, Paul Scholes and David Beckham—I tried really hard to recreate their abilities by practising a lot!

At the end of the assembly, Jack also awarded some prizes of wristbands for a goal challenge during his assembly. Zofia and Eli were the lucky goal scorers!



By Freya



Out of School Achievements



We've had so many brilliant achievements to celebrate this half term!

The Golden Table has been more full than ever with certificates, medals and trophies to celebrate in Friday's Celebration Assembly. We are really impressed by the range of activities that everyone has been getting up to out of school. Here are some of their amazing achievements...



Jacob, Year 3, for getting his 'Red Belt' in Marital Arts!

Betty, Year 2, achieved her learn to swim level. Also had a trophy for her football!



Xavier, Year 5 for taking part in Dynamo's cricket season! Well Done, Xavier!



Connie, Year 2 was awarded a medal and certificate for her dance performance at the Courtyard Theatre!



Ellan, Year 5, has achieved Duckling 1 and 2 in swimming! Well done, Ellan!



Evie, Year 4 has completed her final levels 7 and 8 in swimming. Congratulations, Evie!



Isabelle in Year 4 has achieved her Learn to Swim Level 3!





Elis, Year 3 has gained his swimming level 3 medal! Well done, Elis!



Daisy, Year 3 has achieved her bronze certificate in gymnastics. Well done, Daisy!



Aimee, Year 3 has gained her bronze certificate in gymnastics. Super job, Aimee!

Freyja, for achieving her Nica level 1 climbing. You can see Freyja in action in the photo below.



Evie, Year 4 has been awarded a certificate for her swim stage 8! Fabulous!



YOU ARE AMAZING



Skye, Year 2, has achieved her Bronze Level 1 in gymnastics! Great job, Skye!



William, Year 2 has passed his Bronze Level 1 in gymnastics! Well done, William!



Mikayla, Year 1, has gained her Bronze level 1 and level 2 in gymnastics! Fantastic, Mikayla!



Autumn Recipes

Toffee apples: get some apples and some toffee then melt the toffee until it has been turned into a liquid, get a skewer and stick it in your apple. Get your apple and drizzle the toffee until completely covered, next put it in the fridge overnight to let it solidify.



Easy recipes to make at home!

Fruit Rockets



Fruit Rockets: you need strawberries, grapes, blueberries and skewers. Wash the fruit and chop the tops off the strawberries. Thread the blueberries and grapes onto the skewers, alternating them. Top each skewer with a strawberry to make the top of the rocket.

By Lauren and Eli



Halloween Jokes

What is a vampire's favourite fruit?

A NECK-tarine.

What do you call a skeleton that won't work?

Lazy Bones.

What did the witch put in her hair?

Scare spray

Why didn't the Skeleton go to the dance?

Because it had nobody to go with.

What is a Mummy's favourite music?

(W)Rap Music

What kind of shoes do ghosts wear?

Booooooooooots

Why did the witch get kicked out of school?

She couldn't spell.

Autumn Wordsearch

T	S	P	S	U	E	H	I	E	W	E	E	O
L	E	T	T	E	R	I	F	N	O	B	T	T
M	D	S	N	O	S	A	E	S	R	S	S	T
S	H	L	E	A	V	E	S	O	C	L	E	A
S	C	H	A	L	L	O	W	E	E	N	V	C
W	W	O	E	A	B	P	M	R	R	S	R	H
D	Y	E	L	O	S	A	R	R	A	O	A	C
D	A	G	E	O	I	I	T	C	C	Y	H	E
W	N	M	U	T	U	A	O	E	S	U	I	S
S	V	U	N	Q	S	R	S	T	G	R	T	I
S	A	I	S	V	N	A	A	U	R	E	E	U
I	A	O	A	C	S	C	A	I	E	E	V	H
E	P	U	M	P	K	I	N	O	E	V	O	D



ACORN
AUTUMN
BONFIRE
COLOUR
HALLOWEEN
HARVEST
HAYSTACK
LEAVES

PLANTS
PUMPKIN
SCARECROW
SEASON
SQUIRREL
SWEETS
VEGETABLES

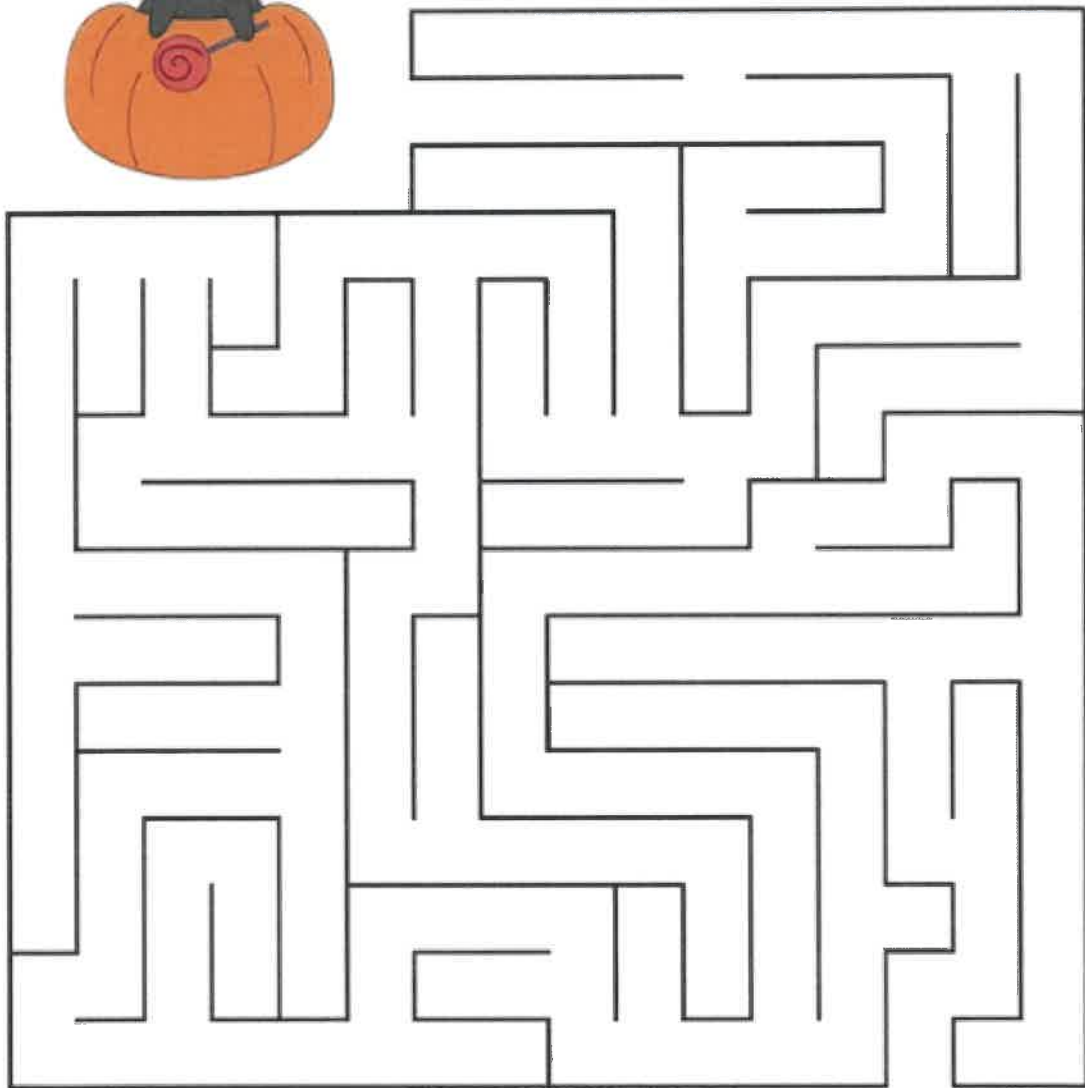


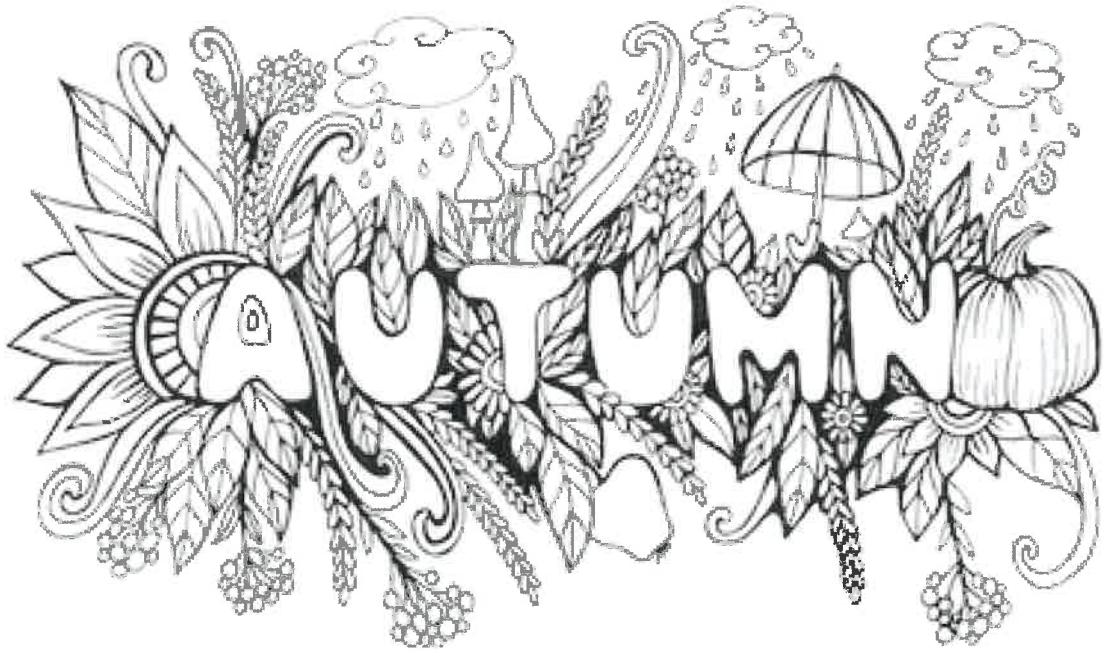
By Lottie

AMAZING MAZE PAGE



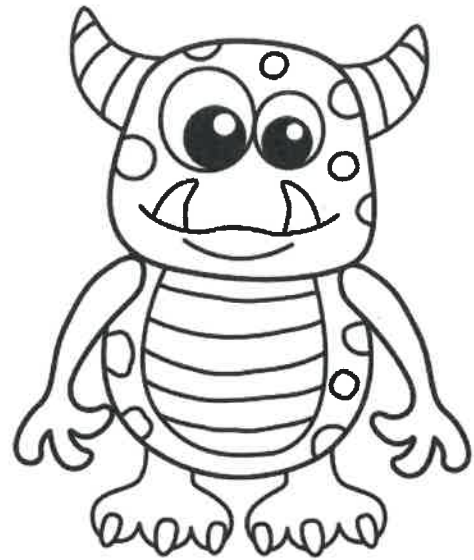
Help the cat
find pumpkin





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TRICK
OR
TREAT

Competition Time

Winter Wonder!

To enter, send us a Winter picture—remember, you can use your camera to take a photo, or paint or draw a beautiful winter scene! Good Luck!



Autumn Wordsearch

Answers

T	S	P	S	U	E	H	I	E	W	E	E	O
L	E	T	T	E	R	I	F	N	O	B	T	T
M	D	S	N	O	S	A	E	S	R	S	S	T
S	H	L	E	A	V	E	S	O	C	L	E	A
S	C	H	A	L	L	O	W	E	E	N	V	C
W	W	O	E	A	B	P	M	R	R	S	R	H
D	Y	E	L	O	S	A	R	R	A	O	A	C
D	A	G	E	O	I	I	T	C	C	Y	H	E
W	N	M	U	T	U	A	O	E	S	U	I	S
S	V	U	N	Q	S	R	S	T	G	R	T	I
S	A	I	S	V	N	A	A	U	R	E	E	U
I	A	O	A	C	S	C	A	I	E	E	V	H
E	P	U	M	P	K	I	N	O	E	V	O	D

House Points

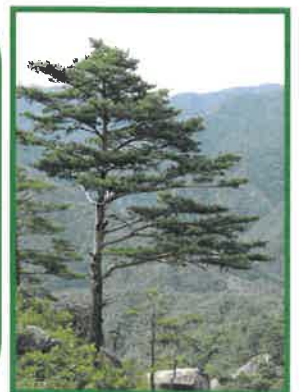
Oak: 550

Silver Birch: 450

Pine: 650

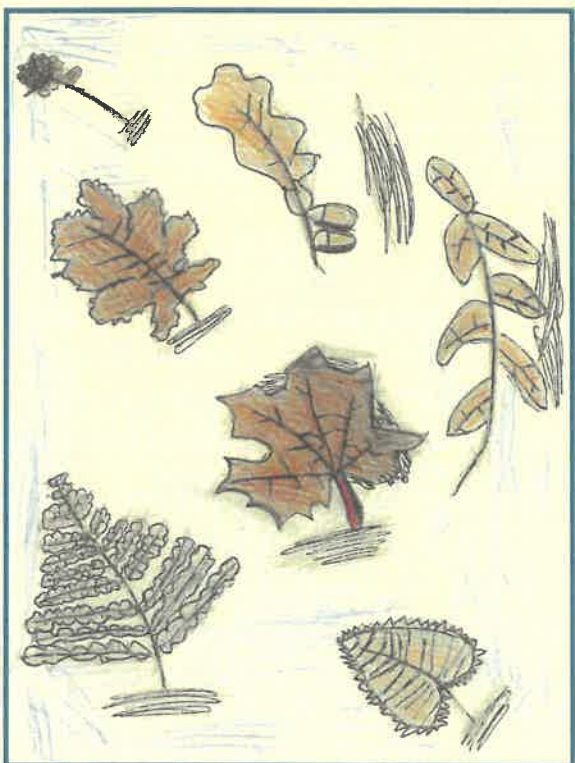
Sycamore: 450

Well done to everyone in PINE—you are in 1st place this Half Term!
by Monty





Kingstone Chronicle



Autumnal Art by Year 5: Logan, Theo, Katherine and Max