



Tuesday 23<sup>rd</sup> April 2024

Dear Parents and Carers,

### **HEALTH RELATED BEHAVIOUR SURVEYS**

We as a school, along with many others, have agreed to participate in a very important Health Behaviour Survey with our children. We have been asked to support the work of Herefordshire's Children and Young People's Partnership and by participating, we will be able to use the results to benefit our school.

The work is being coordinated by Herefordshire Council and the survey method that we are using has been developed by the Schools Health Education Unit, Exeter and has been in use now for over 40 years. Over 3000 schools have used the survey, many of them regularly repeating the survey.

The questions concern a wide range of health behaviours, for example:

**Home and family**  
**Tobacco, Alcohol**  
**Healthy Eating**

**Relationships, emotional health and well-being**  
**Leisure and money**  
**Exercise**

The survey will produce evidence on the health, wellbeing and views of Herefordshire's children and young people. This will help the partnership, which includes Herefordshire Council, health services, schools and more to plan future services for children and young people.

Herefordshire Council and the schools involved have agreed the content of the questionnaire which has been customised for Herefordshire.

Each questionnaire is anonymous and confidential, and no pupil will be identified when the data is returned to the school or the Local Authority. Data Protection concerns are covered in the Privacy Notice for pupils, which can be found on the reverse of this sheet.

We are not seeking consent for students to take part in the survey (see privacy notices for detail) however, should you have any questions, concerns or if you simply do not wish your child to take part, please contact the school office as soon as possible. We have a copy of the questionnaire in the school office and if you would like to have a look at it, you are welcome to do so.

We plan to carry out the survey over the next few weeks.

Yours sincerely,

Paige Nicholas  
Assistant Headteacher

Herefordshire Council's Privacy Notice can be accessed here: [www.herefordshire.gov.uk/cypsurveyprn](http://www.herefordshire.gov.uk/cypsurveyprn)



### Who are you?

We are a research unit in South-West England. We have been asked by the school or the Council to help collect information from young people. [www.sheu.org.uk](http://www.sheu.org.uk)

### What will I be asked?

You will be asked about your habits and feelings, and other important things about you.

You will not be asked for your name or address, and please don't tell us!



### Why do you want to know this?

The reports are used to plan lessons and services for young people, and to see what has changed since the last survey.

Herefordshire Children and Young People's Partnership will also use the survey findings to plan provision for young people.

### How will you use my information?

We will send reports to schools and the Council, showing them how many pupils gave different answers. The reports might say things like:

- **30% of pupils in this school had cereal for breakfast, but in the whole County the figure was 40%**



### How will you collect this information?

We are going to ask you questions in a questionnaire, on a website or in a printed booklet.



### How do you keep this information?

Your answers will be kept safe on our computers. We keep records for many years, so that we can see how young people's lives are changing.



### Are you allowed to do this? ('legal basis for processing')

The Council is allowed to collect information to help it plan and monitor things it does to support young people's education, health and wellbeing – the sorts of things it has to do ('legal functions' and 'public interest').

SHEU is allowed to use information to produce its reports as long as no-one can tell what answers you gave ('legitimate interests').

### Who gets to see the information?

Only staff from SHEU and from the Council who need to see the information to do their job are allowed to see your answers. They won't show your answers to anyone else. Everyone else sees only percentages. No-one in your school sees your answers.

BUT if you tell us something that makes us think you are in danger, we will have to tell your school that someone has said it, even if we can't find out who you are.



### What's next?

If you agree with all this, please tick the box at the start of the survey. If not, don't take part. You can leave out any questions you don't want to answer, and you can stop at any time.

Later, if you want to see what we know about you, you can ask us, and you can tell us to delete it. But remember, we might not be able to find your answers because we don't know your name.