

## PE Planning Overview 2024 –25

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	In Reception, children are given opportunities to develop fine and gross motor skills through weekly PE sessions, Forest School and continuous provision. Children will be able to revise and refine the fundamental movement skills they have already acquired (jumping, running, skipping, climbing etc.) in order to progress towards a more fluent style of moving. They will have opportunities to develop their overall body strength, coordination, balance and agility, and can confidently and safely use a range of large and small apparatus (gymnastics equipment, balls etc.) to develop the above.					
	Games	Gymnastics	Dance	Games (multi-skills)	Athletics	Athletics
Year 1	Gymnastics (making shapes)	Dance (Moving Along)	Games (Multi-skills)	Games (10 point hoops)	Athletics (Honey Pot)	Swimming
Year 2	Dance (Cat dance)	Games (Piggy in the middle)	Gymnastics (Families of action)	Games (Multi-skills bats and balls)	Swimming	Athletics (colour maths)
Year 3	Games (Three touch ball)	Gymnastics (balancing act)	Dance (Round the clock)	Swimming	Games (Hockey: on the attack)	Athletics (furthest Five)
Year 4	Gymnastics (partner work)	Dance (Indian Delight)	Swimming OAA (Shipwrecked)	Games (Hockey: on the attack)	Games (Cricket: run the loop)	Athletics (Pass the baton)
	Games (Net/wall: long and thin or short and fat)					
Year 5	Gymnastics (Acrobatic gymnastics)	Swimming	Games (Netball: Calling the shots)	Dance (Making the grade)	OAA (Search and rescue)	Athletics (Take aim)
Year 6	Swimming	Dance (Do it in style)	Gymnastics (group dynamics)	OAA (Crystal Star Challenge)  Games (Netball: Calling the shots)	Games (Rounders: run the loop)	Athletics (Three jump challenge)

